

## ***Sally Dear-Healey, Ph.D.***

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### **EDUCATION**

Ph.D. *Sociology.* Binghamton University  
M.A. *Sociology.* Binghamton University  
B.A. *Sociology.* State University of New York at Potsdam  
▪ Summa Cum Laude  
▪ Departmental Scholar  
▪ President's List  
A.A.S. *Criminal Justice.* Niagara Community College  
Graduate Certificate *Feminist Theory.* Binghamton University

### **RESEARCH INTERESTS**

Biopsychosocial aspects of pregnancy, birth, the postpartum period, and early mothering/parenting; prenatal and perinatal psychology; health-related decision-making and behaviors; narrative medicine; interpersonal neurobiology; trauma-informed care; family violence; conflict resolution.

### **CURRENT WORK**

- ***Executive Director*** –
  - New York State Conference of the American Association of University Professors (NYSC AAUP)
- ***Owner/CEO***
  - The Family Womb
- ***Owner/CEO***
  - It's Your Life Coaching and Consulting
- ***Owner/CEO***
  - Peaceful Energy Reiki
- ***Childbirth Educator/Trainer and Doula/Trainer***
  - BirthWorks® International
- ***Faculty - Birth Equity Leadership Academy (BELA)***
  - HealthConnect One (HCO), Chicago, IL

## TEACHING EXPERIENCE

- ***Department of Sociology/Criminology/Women's Studies. SUNY Cortland (Cortland, NY)***
  - Visiting Assistant Professor (2013-2016)
  - Women's Studies Coordinator (2014-2016)
- ***Department of Child and Family Studies. Syracuse University (Syracuse, NY)***
  - Part-Time Instructor (2011-2013)
- ***Department of Child and Family Studies. SUNY Oneonta (Oneonta, NY)***
  - Adjunct (2011-2013)
- ***Department of Sociology. Binghamton University (Binghamton, NY)***
  - Adjunct Lecturer (2010)
- ***Department of Human Development. College of Community and Public Affairs (CCPA), Binghamton University (Binghamton, NY)***
  - Lecturer (1998-2002)
  - Adjunct (2002-2003/2004-2009)
  - Visiting Assistant Professor (2003-2004)
- ***Department of Women's Studies. Binghamton University (Binghamton, NY)***
  - Adjunct (1998-2010)
- ***Department of Sociology. Jefferson Community College (Watertown, NY)***
  - Adjunct (1997-1998)

## ADDITIONAL WORK EXPERIENCE

- ***Co-Director of Education.*** Association for Prenatal and Perinatal Psychology and Health (APPPAH)
- ***Independent Contractor.*** WOHL Communications Services, Inc.
- ***Program Development; Independent Contractor.*** Learning for Living Institute
- ***Research Analyst.*** The Research Foundation of SUNY
- ***Doula/Apprentice Midwife.*** Owner/CEO of Choices in Childbirth
- ***Substance Abuse Counselor.*** Credo Foundation
- ***Domestic Abuse Counselor and Safe House Shelter Manager.*** Jefferson County Women's Center
- ***Administrative Assistant.*** Southwest Community Mental Health Center
- ***Administrative Assistant.*** Vari-Care, Inc., Rochester, NY
- ***Administrative Specialist.*** U.S. Army Reserves

## CERTIFICATIONS/ CERTIFICATES

- **Trauma-Informed Care Practitioner (TICP) & TICP Trainer.** Colorado Professional Development Center
- **Prenatal and Perinatal Educator (PPNE).** Association for Prenatal and Perinatal Psychology and Health (APPPAH)
- **Community Mediator.** Accord; A Center for Dispute Resolution
  - Hold certifications in community, civil, and small claims; parenting issues, custody, visitation, support, and matrimonial; family team meetings; restorative justice; and multi-party mediation and facilitation
- **Divorce Mediator.** Catholic Charities Dispute Resolution Center and Accord; A Center for Dispute Resolution
- **Quality of Life Therapy and Coaching (QOLT/C).** Michael Frisch; Mentor Coach, LLC
- **Childbirth Educator (CBE) & CBE Trainer.** BirthWorks® International
- **Doula & Doula Trainer.** BirthWorks® International
- **Reiki Master.** Usui Reiki Ryoho Tradition of Natural Healing
- **Rape Crisis Counselor/Advocate.** NYS Department of Public Health
- **Domestic Violence/IPV Counselor.** Victims Assistance Center of Jefferson County, Inc.
- **Childbirth Assistant.** Informed Homebirth, Informed Birth and Parenting (IHBIBP)

## SPECIALIZED TRAININGS

- **Trauma Responsive Practices** - The Children's House Child Advocacy Center (1-day training - 9/2018)
- **Restorative Practice - Restorative Circles and Restorative Justice Conferences** - Accord: A Center for Dispute Resolution (3-day training – 9/11, 9/26, and 10/2/2018)
- **The Embryo in Us - Human as Embryo** - Jaap van der Wal, Md, Ph.D. (5-day training – 7/25-7/29/2018)
- **Toward LGBTQ+ Inclusivity** - NYS Dispute Resolution Association (NYSDRA) and Accord: A Center for Dispute Resolution (6-hour training – 3/1/2017)
- **Crucial Conversations** - SUNY Cortland (2-day training - 2014)
- **Summer Ethics Institute** - SUNY Cortland (15-hour trainings - 2015 & 2016)

## AWARDS/HONORS/SCHOLARSHIPS

- Excellence in Service to Students Award - The National Society of Leadership and Success
- Coaching Foundations Fellowship – MentorCoach, LLC
- Robert Maynard Hutchins Award – The Drake Group
- Graduate Tuition Scholarships – Binghamton University
- Graduate Student Conference, Travel, and Research Award – Binghamton University
- Convocations Committee Award – Binghamton University
- NYS/UUP Individual Development Award – Binghamton University
- Four-Year Academic Scholarship – Binghamton University

- Northern New York Community Foundation Scholarship
- National Omicron-Psi Honor Society
- Alpha Delta Kappa

## PROFESSIONAL MEMBERSHIPS/AFFILIATIONS

- The Association for Prenatal and Perinatal Psychology and Health (APPPAH)
  - Member
  - Diversity Committee Member
- Birth Works International (BWI)
  - Board of Directors; Member-At-Large
  - Childbirth Educator Trainer
  - Birth Doula Trainer
  - ACED Trainer
- New York State Perinatal Association (NYSPA)
  - Member
- Birth Rights Bar Association (BRBA)
  - Member
- Evidence Based Birth (EBB)
  - Professional Member
- New York State Dispute Resolution Association (NYSDRA)
  - Member
- American Association of University Professors NYS Conference (NYSC AAUP)
  - Executive Director (2017 – present)
  - President (2016 to 2017)
  - Vice President (2012-2016)
  - Chair, Committee on Gender and Sexuality in the Academic Profession
- American Association of University Professors (AAUP) (National)
  - Elected At-Large Chapter Delegate to AAUP National (2020-present)
  - Elected District VIII Delegate to AAUP National (2012-2020)
  - Committee on Gender and Sexuality in the Academic Profession (2012-2020)
- The Drake Group (TDG)
  - Advisory Council
  - Executive Committee (2016-2020)
  - Secretary (2016-2020)

## PUBLICATIONS

- Dear-Healey, S. (2019). “Exploring the Relationship Between Prenatal and Perinatal Psychology and Family Violence: A Memoir.” *Journal of Somatic Psychotherapy Today*, 9(1), 46-53.
- Dear-Healey, S. (2017). “Academics and Athletics; Struggles and Strategies in the Pursuit of (A) Grade and ‘A Games.’” In *Colleges at the Crossroads: Taking Sides on Controversial Issues*. Joseph L. DeVitis & Pietro A. Sasso (Eds.). New York: Peter Lang Publishing.

- Dear-Healey, S. (2011). “Attachment Parenting International (API); Nurturing Generations of Mothers and Children.” In *21<sup>st</sup> Century Motherhood Movement: Mothers Speak Out on Why We Need to Change the World and How To Do It*. Andrea O’Reilly (Ed.). Toronto: Demeter Press.
- Dear-Healey, S. (2010). Review of “Loving the Alien.” *Journal of the Motherhood Initiative for Research and Community Involvement*. 1(1), 247.
- Dear, S. (2008). “Coming to Terms; Mediation’s Role in Marital Dissolution.” In *One Paradigm, Many Worlds: Conflict Resolution across the Disciplines*. Mitchell Rosenwald (Ed.). Newcastle-upon-Tyne, UK: Cambridge Scholars Publishing.
- Dear, S. (2005). “Beliefs about Birthing.” *The North Eastern Holistic Resource*.
- Dear, S. (2005). Review of “The Psychological Development of Girls and Women: Rethinking Change in Time.” *Journal of Marriage and Family*. 67(1), 260.
- Dear, S. (2004). Review of “The Study of Social Problems; Seven Perspectives, 6<sup>th</sup> Edition.” *Teaching Sociology*, 32(1), 139-140.
- Dear, S. (2001). “Vegetarianism.” *Reader’s Guide to Social Services*. London: Fitzroy-Dearborn.

### **JOURNAL/MAGAZINE PUBLICATIONS FORCOMING**

- Dear-Healey, S. (2021). “Babies, Birth, Bonding, and Beyond – What’s Love Got to Do With It?.” *Pathways to Family Wellness Magazine*. Spring 2021 Issue.

### **BOOK PUBLICATIONS FORTHCOMING (Under Contract)**

- “Boys, Balls, and Books: Untangling the Provocative Relationship Between Academics and Collegiate Sports.” Gorham, ME: Myers Education Press.

### **MANUSCRIPTS IN PREPARATION**

- “Prenatal and Perinatal Psychology; A Review of the Literature.” Journal TBD.
- “Closing the Curtains on Windows to the Womb; Research and Ethical Dilemmas Associated with Virtual Viewing.” Journal TBD.
- “Like Mother, Like Daughter?; Changing the Stories and Legacies of Childbirth Wisdom.” *Book Manuscript*.
- “Birthing a Slave: Motherhood and Medicine in the Antebellum South.” Book Review for *Human Rights Review*.

### **CONFERENCE PAPERS**

- “*Free Speech Isn’t Free: Consequences of Truth-Telling*.” AAUP Annual Conference on the State of Higher Education. Washington, D.C. June 2018.
- “*The AAUP’s Committee on Women in the Academic Profession at the Centennial Crossroads: How We Got/Get to ‘Free Speech*.’” AAUP Annual Conference on the State of Higher Education. Washington, D.C. June 2018. (Panel).

- “*The Prenatal Perinatal Imperative.*” International Chiropractic Pediatric Association (ICPA) Family Wellness Summit. Washington, D.C. March 2018.
- “*Women Union Leaders’ Roundtable: Challenges, Successes, Practical Visions.*” AAUP Annual Conference on the State of Higher Education. Washington, D.C. June 2017.
- “*Blowing the Whistle; Creating and Maintaining Academic Integrity for Students (Who are Also) Athletes.*” Ninety-ninth Annual Meeting of the American Association of University Professors (AAUP). Washington, D.C. June 2013.
- “*Birth Violence as Healthcare Violence: Dangerous and Disturbing Trends.*” International Family Violence and Child Victimization Research Conference. July 2012.
- “*Perspectives on Being a Whistleblower in Intercollegiate Athletics. Is it Worth It And Is It Effecting Positive Change?*” College Sport Research Institute Conference. April 2010.
- “*Domestic Violence*” & “*Women’s Health.*” Co-led both workshops at the Rural Women’s Conference sponsored by Rural and Migrant Ministries. November/December 2008.
- “*Activism in Childbirth and Mothering.*” National Association of Mothers’ Centers National Conference. April 2008.
- “*Where We Are Born: The Impact of Evidence Based Medicine Versus Scientific Assumptions.*” Eastern Sociological Society 76<sup>th</sup> Annual Meeting, Boston, MA. February 2006.
- “*Surviving Graduate School; Is There Such a Thing as Balance or is it a Matter of Doing ‘Whatever It Takes’? Juggling Classes, Committees, Teaching, Family and Life – Expectations From Inside and Outside the Academy.*” Eastern Sociological Society 74<sup>th</sup> Annual Meeting, New York City. February 2004.
- “*Balancing Personal Life and Academia.*” Sociologists for Women in Society (SWS) Winter Meeting, Albuquerque, New Mexico. January/February 2004.
- “*The Politics of Women’s Health – Medical Research, Treatment and Health Outcomes in “Special Populations” of Women.*” Crossing Currents: The Politics of Research and Activism Conference, School of Education and Human Development, Binghamton University. May 2003.
- “*Teaching the Sociology of Health to Undergraduates.*” American Sociological Association Annual Meeting. August 2002.
- “*Women’s Voices Across Cultural Differences.*” Third Annual Women As Leaders Conference – *Strengthening Our Voices*, Binghamton, NY. October 2001.
- “*The Busy Person’s Guide to Fighting Social Injustice; Making the Connection Between Classroom and Community.*” Midwest Sociological Society’s Annual Meeting. April 2000.

#### **CONFERENCE PAPERS/PRESENTATIONS (Invited Speaker)**

- “*Prenatal and Perinatal Psychology; A New Paradigm for Working with Mothers and Babies.*” New York State Perinatal Association (NYSPA) Conference. June 2019.
- “*Pregnancy and Parenting – A Prenatal and Perinatal Perspective.*” Court Appointed Special Advocates (CASA) In-Service. Accord; A Center for Dispute Resolution. June 2019.

- “*First Do No Harm: Understanding Prenatal and Perinatal Psychology as an Opportunity to Improve Maternal, Child, and Family Health.*” Frontier Nursing University (webinar). February 2019.
- “*Prenatal and Perinatal Psychology; Creating a New Paradigm for Working with Birthing Mothers and Babies.*” Frontier Nursing University (webinar). July 2018.
- “*Academic Freedom Isn’t Always Free: Examining the Physical and Emotional Repercussions of Truth Seeking and Truth Speaking in Academia.*” FIRE (Foundation for Individual Rights in Education) Conference. Dallas, TX. October 2017.
- “*Birthing Beliefs into Action: A Manifesto of Maternal Feminism.*” Keynote. BirthWorks International Conference. Virginia Beach, VA. September 2017.
- “*If I Knew Then What I Know Now: It’s Never Too Late to Change the Future of Childbirth – One Belief, One Birth, and One Action at a Time.*” BirthWorks International Conference. Virginia Beach, VA. September 2017.
- “*The Biology of Beliefs About Birth.*” Finding the Truths About Birth. BirthWorks International Conference. Mount Laurel, NJ. October 2016.
- “*Witches, Midwives, and Magic.*” Harry Potter’s Work; Renaissance Science, Magic, and Medicine (part of an NIH U.S. National Library of Medicine Initiative). SUNY Cortland. October 2015.
- “*It’s Your Life; Now What Are You Going to Do With It?*” Presidents and Principals Dinner. Parent-Teachers Association of the Southern Tier, Inc. November 2012.
- “*The Empty Nest Experience.*” Binghamton University Family Weekend. October 2008.
- “*Childbirth Education and Activism; The Business of Being Born.*” Decker School of Nursing and Regional Chapter: Twin Tiers Chapter II-XII of the American College of Nurse Midwives. October 2008.
- “*Culturally Competent Mental Health Care: A Family System Perspective.*” Mandated Training for Catholic Charities of Broome County. June 2008.
- “*Activism in Childbirth and Mothering.*” National Association of Mothers’ Centers National Conference. April 2008.
- “*Wandering my Empty Nest?*” Binghamton University Employee’s Assistance Program (EAP) Noontime Luncheon Series. March 2008.
- “*SICKO and the U.S. Healthcare System.*” Panel Discussion (I spoke on issues related to women’s health). Binghamton University. October 2007.
- “*Like Mother, Like Daughter: What Can Science Tell Us About the Transmission of Health Care Knowledge Across Generations?*” EVOS Science Cabaret. Lost Dog Café. July 2007.
- “*Empowered Relationships.*” The Sisters of Delta Phi Epsilon. Binghamton University. October 2006.
- “*Coming to Terms; Mediation’s Role in Marital Dissolution.*” Innovative Approaches to Conflict Resolution across the Disciplines Symposium. Binghamton University. September 2006.
- “*Divorce Culture.*” Binghamton University Employee’s Assistance Program (EAP) Noontime Luncheon Series. October 2005 and November 2000.
- “*Healthy Relationships - Setting Boundaries.*” Body and Soul: Balancing Women’s Health Forum. Samaritan Counseling Center, Endicott, NY. October 2004.

- “*Exploring the Changing Views of Motherhood, Family, Career, and Gender Roles aka Mothering, Motherhood, and Feminism.*” Mothers and More; the Network for Sequencing Women. August 2004.
- “*If Its Love You Want – Why Settle for Sex?*” Girl Scouts Indian Hill Council, Inc., *Get Real! – That Was Then... This is Now!* Designed and taught a four-part discussion for junior and senior high school students. March 2001.
- “*Spring Cleaning Our Lives; Re-Evaluating, Re-Centering, and Re-Adjusting Our Expectations and Needs As We Grow Older and (Hopefully) Wiser.*” Binghamton University, Harpur College Secretary’s Day Event. April 2000.
- “*The Forty Factor; Identifying and Embracing the Changes and Challenges Associated With the Mid-Life Transformation as Women Return to Work, Change Jobs or Careers, or Return to College.*” Binghamton University Women’s Studies Symposium, “Gender and Work Spaces.” April 2000.
- “*The Busy Person’s Guide to Fighting Social Injustice; Making the Connection Between Classroom and the Community.*” Binghamton University Spring Teaching Event. February 2000.
- “*The Forty Factor.*” Binghamton University American Association of University Women Annual Dinner. Spring 2000.
- “*The Forty Factor.*” Binghamton University Employee’s Assistance Program (EAP) Noontime Luncheon Series. November 1999.
- “*Prescription for Wellness; Alternatives to Traditional Healing Methods and Nutritional Choices.*” Binghamton University. October 1999.

## **EDITORIAL EXPERIENCE**

Editor/Managing Editor:	BirthWorks® International Newsletter
Editorial Board/Reviewer:	Peace Studies Journal
	Journal of Prenatal and Perinatal Psychology and Health
Manuscript/Book Reviewer For:	Allyn & Bacon
	Carlisle Publishers Services/McGraw-Hill
	Human Rights Review
	Pine Forge Press/SAGE Publications
	Prentice Hall
	Rowman and Littlefield
	Roxbury Publishing Company

## **FUNDED PROJECTS/GRANTS**

- Campus Artists and Lecture Series (CALs) Grant (\$500) SUNY Cortland Women’s History Month 2016
- Haines Fund (\$1,200) SUNY Cortland Women’s History Month 2016
- Haines Fund (\$1,000) SUNY Cortland Women’s History Month 2015
- “*Animal Rights and Sustainable Agriculture; The Role of Community activism.*” Community-wide event held at Binghamton University.



- *“In Our Family: Portraits of All Kinds of Families.”* Award-winning traveling photo-text exhibit created by the Family Diversity Project. Community-wide event held at Binghamton University.
- *“LGBTQ Identity and the Family.”* Speaker: Miriam Yeung, Director of Public Policy and Government Relations at the NYC LGBTQ Community Center. Community-wide event held at Binghamton University campus.
- *Broome County Peace Action Funding Award.* Funds were used to take four students to the School of the American’s Watch in Columbus, Georgia, where we participated in the peace march and attended workshops and trainings. Two students were given lead roles in a play written for the occasion.
- *“Student Expressions of Feminist Perspectives on Mothering and Caring.”* Students in my Mothering, Feminist Perspectives on Caring class took six hours of art classes at a local art school. Their projects were featured in a local art gallery as part of Binghamton’s First Friday celebration, hung in the gallery for the following month, and were then featured as part of the Binghamton University Student Art Show.

## **SERVICE/VOLUNTEER WORK**

### *Academic*

- Women’s Studies Committee - Binghamton University and SUNY Cortland
- At-Large Member, Center for Gender and Intercultural Studies (CGIS) - SUNY Cortland
- Board Member, Center for Ethics, Peace and Social Justice (CEPS) - SUNY Cortland
- Binghamton University Parents Collective (President/Vice President)
- Binghamton University Personal Safety Advisory Committee (PSAC)
- High Hopes – Binghamton University’s Crisis Intervention and Information Hotline (Trainer; Sexual Assault and Domestic/Intimate Partner Violence)
- Sociology Graduate Student Union (SGSU) (President/Vice President). Binghamton University
- Department of Sociology/Area Paper and Dissertation Subcommittee. Binghamton University

### *Community*

- Mediator. Accord, A Center for Dispute Resolution, Inc. (2007 – present)
- “Infant Sleep” Working Group. Mothers and Babies Perinatal Network.
- Co-Founder, Southerntier Birth Network (STBN)
- North Country Prenatal/Perinatal Council (NCPPC) Executive Committee
- Childbirth Education Association (CEA) of Watertown (President)
- La Leche League (LLL) (Community Group Leader)
- Mainly Mothers (Founder)
- International Cesarean Awareness Network (ICAN) (President; Northern New York Chapter)